## THE FOOD COURT <br>  <br> at StateHigh January 2024

Lunch - \$3.55 Breakfast-FREE<br>Entree - \$2.75 Sides - \$.85/\$1.25 Milk - \$.70

## Breakfast

Available in the food court from 8:00-8:35 a.m. Breakfast passes available at building entry for late bus arrivals.

## Choose 1 Entree

Breakfast Sandwiches Fresh Baked Bagels \& Pizza Bagels Poptarts PBJ Uncrustables Cereal Homemade Breads \& Muffins Cinnamon Rolls(Wed/Fri)

Choose 1 Fruit \& 1 Juice
Apples Bananas Craisins 100\% Juice
Choose 1 Milk
Low Fat White or Fat Free Chocolate
Choose an entree and 1 other item, fruit+juice + milk, or all 4 items total - for a complete meal.

## Pizza \& Pasta

Fresh from the Oven Every Day Cheese \& Pepperoni Pizza
Monday - Pasta \& Meatballs Tuesday - Italian Dunkers
Wednesday - Cheesy Lasagna \& Bread Stick Thursday - Italian Dunkers $9 \%$ Friday - Macaroni \& Cheese

## Hot Sandwiches

Cheeseburgers Available Daily

Impossible Burgers \& Black Bean Veggie Burgers Available by Preorder - order at scasd.org/ordermeals
Jan 1 - Happy New Year!
Jan 2 - Southwest Veggie Quesadilla
Jan 3 - Nashville Hot Chicken Sandwich
Jan 4-2 Beef Tacos
Jan 5 - Chicken Cheesesteak
Jan 8 - Caprese Grilled Cheese
Jan 9 - Smoked Chickpea Wrap
Jan 10 - Italian Sausage Sandwich
Jan 11 - Roast Beef \& Provolone Sandwich
Jan 12 - Fish Tacos
Jan 15 - No School Today!
Jan 16 - No School Today!
Jan 17 - Pulled Pork Sandwich \& Fritos
Jan 18 - Buffalo Chicken Dip
Jan 19 - Beef \& Cheddar Panini
Jan 21 - Grilled Ham \& Cheese Sandwich
Jan 22 - Southwest Chicken Sandwich
Jan 23 - Bacon Cheeseburger
Jan 25 - Cuban Sandwich
Jan 26 - Beef \& Bean Burrito
Jan 29 - Southwest Veggie Quesadilla
Jan 30 - Meatball Sub
Jan 31 - Nashville Hot Chicken Sandwich
Feb 1-2 Beef Tacos
Feb 2 - Chicken Cheesesteak

## Chef's Line

Week of $1 / 1$ - Breakfastfor Lunch Week of1/15-Asian Flavors Week of $1 / 8$ - Burrito Bowls Week of $1 / 22$ - Soup \& Sandwich Week of $1 / 29$ - PastaSelections

## Made-to-Order Deli

Create your personalized deli sandwich without the wait! Place your order by 9:30 a.m. to pick up at lunch time. www.scasd.org/ordermeals

Choose 1 entree. Complete the meal with 2 vegetable sides, 1 serving of fruit, 1 juice, and milk.

Decline items that you do not want but you must choose 3 items total, of which 1 must be a fruit, juice, or vegetable.

## Fruit \& Veggie Side Dishes

Crunchy Carrots Baked Potatoes Bean Salad
Fresh Veggies French Fries Sweet Potato Fries Whole Fruits Canned \& Frozen Fruit 100\% Juice

## Grab \& Go

PB\&J Sandwich Deli Hoagies Hummus \& Pita Chips Yogurt Parfait

Salads: Mon - Chicken Caesar Tues - Turkey Chef Wed - Chef's Feature Thur - Chicken Caesar

Meatless versions available daily.
Soup: Daily Soup Selection \& Fresh Baked Good String Cheese offered at the cashier station with soups that do not provide 2 oz of meat, cheese, or beans.

## Chicken Favorites

Monday - Popcorn Chicken \& Bread Stick Tuesday - Chicken Sandwich

Wings \& Roll
थf. Wednesday - General Tso's Chicken \& Rice Thursday - Popcorn Chicken \& Bread Stick
8\% Friday - Chicken Sandwich
BBQ Chicken \& Corn Bread

## Nachos Grande

Freshly Made Nacho Chips
Fajita Chicken (M-T) Taco Beef (W-Th) BBQ Pork (F) Pico de Gallo Black Beans

Cheddar Cheese Sauce

